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Introduction

You are going to listen to Jane talking to Sheila about a sailing trip round the island of Tresco in the Scilly Isles that went horribly wrong. Jane comes from Worthing on the south coast of England and she speaks with a neutral English accent. The conversation features a number of lexical items to do with the sea and sailing.

Stage 1 Pre-listening - activating schema

A Vocabulary building - sailing words

Look at these definitions and supply the missing words, using your dictionary if necessary.

to control the direction the boat is going in the _____

| | 8. a small, o | pen boat a _ | | | |
|---------|-----------------|--------------------------------------|-----------------|------------------|-----------------------------|
| | 9. a piece of | material attac | ched to a pole | on a boat whic | h catches the wind and |
| | makes the | e boat move a | l | | |
| | 10. a boat or | ship which take | es passengers (| and often vehi | icles as well) across a |
| | stretch of | water, genera | lly as a regula | r service a _ | |
| | 11. a raised li | ine of water wh | nich move acro | ss the surface | of the sea a |
| | | | | | |
| | | | | | |
| B Prec | liction | | | | |
| Direc | riction | | | | |
| Which | eight of the fo | ollowing lexical | items do you | expect to hear | in the recording? |
| | a horse | the night | the seabed | a pineapple | the current |
| | a finger | a shop | a hole | pepper | blood |
| | a pencil | the wheel | a cushion | the wind | gravy |
| | | | | | |
| C Disc | ussion - ques | tions | | | |
| 0 0 150 | assion ques | c10115 | | | |
| | 1. Have you ev | er been sailing? | If yes, did you | enjoy it? | |
| | | | If not, why no | ot? | |
| | 2. Have you e | ever been in a c | dangerous situa | ation? If yes, w | vhat happened? |
| | 3. What are s | ome of the adv | antages and d | isadvantages o | f owning a boat? |
| | | | | | |
| | | | | | |
| D Norr | malisation (T | rack 1) | | | |
| | | gives you a cha tudents at all lo | _ | ed to the voice | s of Jane and Sheila. It is |
| | lane had | a had sailing e | xnerience once | in the Isles of | Scilly. She and her |
| | | _ | | | • |
| | husband h | nad (1) | anchor at a | a place called (| Grimsby (2), |
| | near the (| (3) c | of Tresco. Tre | sco has tropica | l (4) because |
| | | | | | |

| it's on the Gulf Stream. The weather suddenly turned rough, or bad, during |
|--|
| the (5) |
| Stage 2 Natural listening comprehension practice |
| (Track 2) |
| Listen to the recording. How much do you understand as a percentage? (0%100%) |
| Stage 3 Decoding and building meaning |
| (Track 2) |
| Listen to the recording again and write down as many words as you can. Compare your list with the lists of other students, in pairs or in groups. How much more of the recording can you understand now? Can you use these words to build meaning? |
| Stage 4 Traditional listening comprehension practice: Parts 1, 2 and 3 |
| Part 1 (Track 3) |
| Elementary Level: Gap-fill |
| 1. There were lots of other near Jane and Tim's boat. |
| 2. Jane says they were 'dragging anchors', which means they were not |
| staying in one |
| 3. The other boats were pulling the anchors across the |
| 4. This was because the current was so |
| |

| | | anchor |
|--------|------------------|--|
| | 6. | Jane says all the boats were 'ricocheting the bay'. |
| | 7. | She says the boats were 'joined like a daisy chain'. |
| | 8. | Jane and Tim had to 'fend off', or 'push away' a boat. |
| | 9. | In doing this, Jane nearly lost her |
| | 10. | The anchor winch is in the of the boat. |
| | 11. | A collision at sea can result in a in both boats. |
| | | |
| Interm | ned [.] | iate Level: Questions |
| (Somet | time | es part of the answer is given in italics to help you.) |
| | 1. | What did lots of other boats start doing when the weather turned bad? They |
| | | started ' anchors'. |
| | 2. | What were their anchors dragging across? |
| | 3. | Why was this? Because the current was so |
| | 4. | What happened to the anchor on Jane and Tim's boat? 'Another boat |
| | | hoicked it' |
| | 5. | What nearly collided with Jane and Tim's boat? |
| | 6. | What did Jane nearly lose? |
| | 7. | What can a collision at sea result in? a in either boat |

5. As one boat came near to another boat, its anchor pulled the other boat's



New Grimsby landing pier on the island of Tresco on a calm sunny day by Austin Donnelly (http://commons.wikimedia.org/wiki/File:Tresco_New_Grimsby_Pier.jpg)

Advanced Level: True/False

Give reasons for your answers.

- 1. Jane says there were a large number of boats in the bay.
- 2. She says they were changing their anchors.
- 3. A lot of the boats began pulling their anchors up.
- 4. Another boat pulled Jane and Tim's anchor out by mistake.
- 5. Jane says 'We were ricocheting around the harbour all these boats joined together in a kind of daisy chain.'
- 6. Jane and Tim nearly hit another boat.
- 7. Jane's finger got caught underneath the anchor.
- 8. Tim was also hurt.

Part 2 (Track 4)

| Elementary Level: Questions | | | | |
|--|--|--|--|--|
| (Sometimes part of the answer is given in italics to help you.) | | | | |
| | | | | |
| 1. What did Jane use to stop her injury bleeding? 'a little' | | | | |
| 2. Why couldn't Jane and Tim steer their boat? Because the rudder properly. | | | | |
| 3. What controlled the boat's direction at that point? | | | | |
| 4. Why did none of the sailors put their boats' sails up? Because it was far too | | | | |
| · | | | | |
| 5. Where did Jane and Tim keep their dinghy? at the of the boat | | | | |
| 6. Which two things are normally connected on a boat? the rudder and the | | | | |
| 7. What type of boat did Jane and Tim manage to get hold of? | | | | |
| 8. Who were 'tiny' at the time? Sue and Tim's | | | | |
| 9. What did they do during all this excitement? They were | | | | |
| 10. Have Jane and Tim been back to the Scilly Isles since? | | | | |

Intermediate Level: Correct the mistake in each sentence

- 1. Jane used a towel to stop her finger bleeding.
- 2. Jane and Tim couldn't steer the boat because the engine wasn't working properly.
- 3. They had to go wherever the current took them.
- 4. Luckily they could see because it was a full moon.

- 5. The dingy at the front of the boat had knocked into the anchor.
- 6. Eventually Jane and Tim bought tickets for a ferry.
- 7. Their friends were also on the boat at the time.
- 8. Since then Jane and Tim have sailed round the Scilly Isles several times.

Advanced Level: Gap-fill



Sailing boat wallpaper by Tulip4Heaven at www.wallpapercube.com

Part 3 (Track 5)

Elementary Level: Gap-fill

| 1. | Sheila and her friend met another couple on who also go sailing a lot. |
|----|--|
| 2. | They have a boat Poole. |
| 3. | One they set off for a sail around the |
| 4. | Suddenly the came up and the came up. |
| 5. | In the they had to sail all the way to Devon. |
| 6. | They waves were feet high. |
| 7. | The couple thought they were going to |
| 8. | The rest of the this other couple kept telling Sheila and her friend about people they knew who'd in sailing |
| 9. | Sue says accidents do happen, but then points out that you can get |

Intermediate Level: Questions

(Sometimes part of the answer is given in italics to help you.)

Where did Sheila and her friend meet another couple who go sailing a lot?
 What were this couple planning one afternoon? a sail ______ the bay
 Which two things 'came up'? (i.e. became stronger and more dangerous?
 Where did the couple have to sail to in the end?
 How high were the waves?
 What did the couple think they were going to do? They thought they were going to _____.
 What did they talk to Sheila and her friend about for the rest of the holiday? People they knew who'd _____ in sailing _____.

_____ by a van.

8. What can happen to you on dry land, according to Sue? You can get

Advanced Level: True/False

Give reasons for your answers.

- 1. Sheila and her friends met a couple on holiday with a boat near Boole.
- 2. One afternoon this couple decided to sail over to France.
- 3. Suddenly the conditions became very bad.
- 4. Eventually they had to sail further down the coast to Cornwall.
- 5. The waves were about 20 metres high.
- 6. Luckily the couple were prepared for bad weather.
- 7. The rest of the holiday this couple kept talking to Jill and Sheila about their wonderful sailing experiences.
- 8. Sue points out that accidents can also happen on dry land.

Stage 5: Interesting language points

A Colloquial language 1

Some useful colloquial expressions appeared in context in the conversation. Here they are again, with explanations and examples. The first example each time is taken from the recording; the rest are scripted.

to manage to do something

explanation to succeed in doing something eventually, despite difficult

circumstances

examples And then we managed to survive that. / I managed to pass my

driving test the fourth time I took it./Did you manage to get the tickets?/She's managed to persuade Tony to get his hair cut.

to get caught in something

explanation when something is trapped

examples I nearly lost my finger because it got caught underneath the anchor

winch./I love these shoes, but I keep getting the heel caught in the floorboards at my parents' house./I was having a lovely time until my hair got caught in the zip of my jacket and when I pulled it half

my hair came out.

to not work properly

explanation when something isn't working correctly

examples The rudder wasn't working properly. / Can you come over tomorrow

and have a look at my computer? It isn't working properly./I don't know what's wrong with this television. It hasn't worked properly

for months.

to not make any difference

explanation when nothing you do is effective

examples The rudder wasn't working properly, so when we turned the wheel

it didn't make any difference./I've said I'm sorry, but it doesn't make any difference. She still won't speak to me./I've been

studying really hard, but it doesn't seem to make any

difference./I've been trying to save money, but it doesn't make any

difference. I'm still broke at the end of each month.

to be pitch black

explanation when it is very dark

examples It was pitch black. (i.e. It was at night and there was no moon or

stars./I'd forgotten how dark it gets in the country. We went for a walk into the village one evening and it was pitch black because there were no streetlights on the way there./Suddenly all the lights went out and it was pitch black. I've never been so scared in all my

life!

Now write some personal statements using these colloquial expressions.

B Soundshapes in the stream of speech 1: The word cluster 'in the'

A considerable proportion of the stream of speech is made up of word-clusters - groups of two or more words which are run together in ways which make them very unlike their individual dictionary pronunciations. The two words 'in the' make up the fourth most common word cluster in speech (according to Ron Carter and Michael McCarthy's 'Cambridge Grammar of English' published in 2006). The words 'in the' often sound like 'innee' or 'inner'. Listen to the following excerpts, where you will hear the original and slowed down versions of the full excerpt, followed by original and slow versions of 'in the'.

Track 6 It was <u>in the</u> Isles of Scilly.

The words 'in the' sound very close to 'innee'.

Track 7 it came up rough in the night, again

The words 'in the' sound very close to 'inner'.

Track 8 which is in the front of the boat

The words 'in the' sound very close to 'inner'.

Track 9 To avoid making a hole in the other boat...

The words 'in the' sound very close to 'innee'.

Track 10 And in the end they had to go all the way down to Devon.

The words 'in the end they had to go' sound close to 'innee yen they

hatter go'.

C The past simple and the past continuous in spoken English

We use the past continuous to indicate that an action occurred for a period of time in the past. We often use the past continuous and the simple past together, when a longer action is interrupted by a shorter one, as in this classic example:

I was eating dinner when she arrived.

Look at these examples of the past continuous from the recording. You can see there is the idea of things happening over a period of time.

they were dragging their anchors.

We were ricocheting around the bay...

And I was gushing blood....

The rudder wasn't working properly.

Now look at these examples of the simple past from the recording. Here there is the idea of one thing happening after another.

We dropped the anchor.

But it came up rough in the night.

I nearly lost my finger...

And we managed to survive that.

Now look at this example from the recording of the simple past and the past continuous together. This has the idea of a longer action (the ship moving) and a shorter action (each time they turned the wheel).

When we turned the wheel it didn't make any difference. We were just going wherever the wind was happening to blow us.

D BRITISH UNDERSTATEMENT AND NEGATIVE SENTENCES

British people have a reputation for being very reserved and unemotional. There is a wonderful example of this in the recording. Jane has just been talking about her terrible experiences on a boat one night, with her two small children on board. Sheila says at the end of Jane's story: How awful!

Jane then replies: It wasn't very nice.

British people often use negative statements when people from other countries would use a positive one. It seems more polite to phrase things this way. Look at these examples:

I need to get to the doctor. I'm not very well. (i.e. I am very ill.)

Our new teacher isn't very good. (i.e. He's useless.)

Our new neighbours aren't very friendly. (i.e. They haven't even said

hello.)

Her new job doesn't pay very well. (i.e. She gets the minimum

wage.)

We didn't have a very good view of the sea. (i.e. We could only see the sea

if we stood on the bed.)

E Soundshapes in the stream of speech 2: Words ending in -ly

Words which end '-ly' often have interesting soundshapes. Listen to the following excerpts, where you will hear the original and slowed-down versions of the full excerpt, followed by the original and slow versions of the underlined words.

- Track 11 because they were <u>only</u> going round the bay The word 'only' sounds close to 'ernie'.
- Track 12 and they're <u>actually</u> pulling the anchors across the, across the seabed

 The word 'actually' which can have four, three, or two syllables, has only one syllable here: it sounds close to 'aksh'.
- Track 13 And <u>eventually</u> we caught a ferry

 The words 'and eventually' sound close to 'annvenchly' the first syllable

 of 'eventually' is almost completely absent.
- Track 14 <u>literally</u> caught hold of a ferry that was tied up

 The word 'literally' in its full form can have four syllables, 'li.te.ra.lly'

 but here it has three, and sounds close to 'litch-ruh-lee'.
- Track 15 The rudder wasn't working <u>properly</u>.

 The word 'properly' in its full form can have three syllables 'pro.per.ly'

 but here it has two, and sounds close to 'prop.ly'

F COLLOQUIAL LANGUAGE 2

Here are some more colloquial expressions, with explanations and examples. The first example each time is taken from the recording; the rest are scripted.

to be far too * to do something

explanation a way of strengthening an adjective or adverb

examples There were no sails up. It was far too windy to have sails up./I

can't eat another thing. I'm far too full./She's far too young to

wear clothes like that!/It's far too wet to cut the grass.

to catch hold of something

explanation to grab hold of, or seize, something quickly

examples And eventually we caught a ferry - literally caught hold of a

ferry.../I tripped and nearly went flying, but then Richard caught hold of my arm and stopped me falling./Can you catch hold of the door before it slams?/Luckily I caught hold of her shopping before

she dropped it.

But someone was saying...

explanation a way of a) reporting speech and b) introducing a subject into a

conversation

examples But the guy was saying there were hundred-foot waves./I was

saying to Valerie you seem happier lately./Your mother was saying you haven't been well lately./Peter was saying he's going to look

for another job.

to keep doing something (annoying)

explanation when someone (or something) does something all the time that you

find annoying

examples And then the rest of the holiday they just kept talking to us about

people they knew who'd died in sailing accidents. / My mother keeps

telling me to get my hair cut, but I like it like this./She keeps sending me texts all the time./The teacher keeps giving us tests

every week.

rough (adjective)

explanation the opposite of smooth, gentle, pleasant, undisturbed, etc.

examples But it came up rough in the night. (Here Jane is talking about the

wind and the waves. We often talk about a rough sea (with large waves) and a smooth sea (with small waves).)/Other common uses of rough: I can't go out. I'm feeling a bit rough. I think I'm going down with a cold./I had a rough night - I didn't get to sleep until

5./You're looking rough. Are you feeling OK?

Now write some personal statements using these colloquial expressions.

G Intonation - Recognising unmarked and contrastive stress

Fluent English speakers group words together in 'tone units' with a brief pause between each tone unit. The pause gives the listener time to process meaning.

The speaker generally emphasises the last content word in a tone unit by saying it in a different way to the other words in the group - either saying it louder, (or sometimes softer), and/or making it longer and by changing the pitch, or tune. This helps the listener know which words to concentrate on.

Listen to these extracts from the recording which are all said with unmarked stress:

Track 16 But it wasn't anywhere spectacular.

We dropped the anchor.

It was pitch black. There were no sails.

Note that the unmarked stress on the words with more than two syllables (*spectacular* and *anchor*) follows the word stress for these two words, i.e. an-chor and spec-tac-u-lar

Fluent English speakers also use something called contrastive stress to highlight an earlier word in a tone unit which they want to emphasise. Ask your students to look at the following sentence. Can they understand how the meaning changes as the contrastive stress changes?

Page 16

I don't want mayonnaise on my salad. Unmarked stress: The person doesn't want

mayonnaise on her

salad.

Contrastive stress:

I don't want mayonnaise on my salad. (She doesn't, but other people probably do.)

I don't want mayonnaise on my salad. (She wants something else.)

I don't want mayonnaise on my salad. (She wants mayonnaise, but not on her salad.)

I don't want mayonnaise on my salad. (She wants it next to her salad.)

(NB There is an exercise on unmarked and contrastive stress in Stage 6.)

H The past perfect

We often use the past perfect when we are telling a story about something that happened. We use it to show that happened in a period of time before something else. Look at these examples from the recording:

Jane: There were no sails. It was far too windy to have sails up. And what had happened was the dinghy, which was at the back of the boat, had somehow managed to knock the rudder so that it wasn't working properly.

Sheila: And then the rest of the holiday they just kept talking about people they knew who'd died in sailing accidents.

I Phrasal verbs in spoken English

There are a number of useful phrasal verbs in the recording. Here they are, together with explanations and examples. The first example each time is taken from the recording; the rest are scripted.

to come across something

explanation to find or encounter something by chance or by accident

examples And if they come across your anchor with their anchor, they can

hoick it out./I came across all my old love letters when I was clearing out the loft./Dad came across this photo in a charity

shop. Isn't it wonderful?

to work something out

explanation to find the answer to something by thinking about it

examples And just hung onto that for a bit until we worked out what to

do./Have you worked out what to say to Mike yet?/I can't work out how to turn my new washing machine on. Perhaps I should read the

manual.

to put the brakes on

explanation to apply the brakes

examples You can't put the brakes on, can you?/I put the brakes on, but

nothing happened for a few seconds. It was really scary./If you're

driving in snow you should put the brakes on slowly.

to get off something

explanation to step off a boat, bus, train

examples ...and you can't get off.../As he was getting off the boat, it

rocked and he fell in the water./The kids were playing really loud music, but then the bus driver came up and told them to get off./Will passengers please check they have all their

belongings with them before getting off the train?

to put somebody off (doing) something

explanation to discourage somebody from doing something

examples Sheila: Isn't that enough to put you off sailing? Jane: It's put me

off the Scilly Isles.../I wanted to go to Australia, but Sarah's put me off going with all that talk of spiders./My sister's friends put her off learning German because they kept saying how difficult the grammar was./His parents' accident put Peter off learning to drive

for years.

to set off

explanation to begin a journey

examples And they set off one afternoon - they were just going to have a sail

round the bay. /What time do we need to set off for the airport? / We set off at 10, but there was so much traffic we didn't get home till 6. /We're going to set off at 11, so can you be here by quarter

to?

Now write some personal statements using these phrasal verbs.

Stage 6: Further listening practice

Exercise 1 Dictation

First decide in pairs or groups how many words you can hear in each track, then listen again and write down the words that you hear.

| Track 17 | l• |
|----------|--|
| Track 18 | <u>. </u> |
| Track 19 | 3 |
| Track 20 | 1. |
| Track 21 | 5 |
| Track 22 | 5 . |
| Track 23 | 7 |

Exercise 2 Contractions

We use contracted verb forms a great deal in spoken English, but often students tend to avoid them because they feel they are not 'proper' English. This exercise will a) raise your students' awareness of the frequency of contractions and b) give them practice in identifying contractions which are often difficult to hear in a stream of speech.

Part 1: Contracted verb forms

What are the contracted forms of the following?

cannot, could not, did not, it has, they are, was not, we have, who had, you have

Part 2 Recognising contractions in the stream of speech

Now look at these excerpts from the recording and try to guess the missing contractions. Then listen and check your answers.

Track 24

- 1. Have you ever had a near-death experience when ______ been sailing...
- 2. Yes. But it _____ anywhere spectacular.

| 3. | And actually pulling the anchors across the across the seabed. |
|-----|---|
| 4. | We steer. |
| 5. | The rudder working properly. |
| 6. | So when we turned the wheel it make any difference. |
| 7. | It very nice. |
| 8. | You put the brakes on, can you? |
| 9. | put me off the Scilly Isles, which is never gone back to |
| 10. | And then the rest of the holiday they just kept talking to us about people they |
| | knew died in sailing accidents. |

Exercise 3 The changing soundshapes of words in the stream of speech 1

Listen to the excerpts below. They all contain the word 'going'. But 'going' has many different soundshapes, depending on its position in a stream of speech. Listen to each excerpt and grade each one **clear** or **unclear**. You will first hear each excerpt at the original speed, then the word 'going' at the original speed and then slowed down.

Track 25 We were just going wherever the wind was happening to blow us.

Track 26 So all we could do was just keep going where the boat wanted to go...

Track 27 and they were just going to have a sail round the bay

Track 28 They really thought they were going to die.

Track 29 because they were only going round the bay.

Now listen to the five different soundshapes for 'going', and repeat them. You will hear all five at their original speed, and then all five slowed down.

Track 30 going going going going

Exercise 4 Linking

Linking occurs when the end of one word runs into the start of the next word. It is very common in informal spoken English. It occurs if a word ends in a consonant and the next word starts with a vowel, or if one word ends with the same letter as at the beginning of the next word. However, it also occurs frequently with the final letter -s of one word linking with a consonant at the start of the next word. Linking makes it difficult for students to distinguish individual words in the steam of speech.

Guess which words will be linked in the following extracts by saying them quietly to yourself. Then listen and check your answers.

Track 31

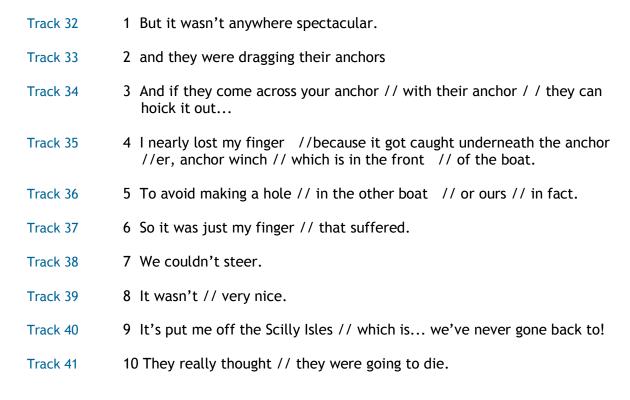
- 1. It was in the Isles of Scilly.
- 2. But it came up rough in the night...
- 3. lots of other boats were there
- 4. Push it away, yes.
- 5. It didn't make any difference.
- 6. Did you have your sails up?
- 7. It was all very scary.
- 8. And they set off one afternoon.
- 9. They just kept talking to us about people they knew who'd died in sailing accidents.

Exercise 5 Phonology - Identifying stressed words

In Stage 5 we looked at unmarked and contrastive stress. The speaker stresses one word in a tone group by saying it in a different way to the other words in a group - either saying it louder, (and sometimes softer), and/or making it longer and by changing the pitch, or tune.

With unmarked stress, the speaker stresses the last content word in the tone unit. With contrastive stress the speaker stresses an earlier word in the tone unit.

Look at the following short extracts from the recording and identify the word in each phrase or sentence which receives the most stress. Then decide whether the word carries unmarked stress (U), or contrastive stress (C). The two longer sentences have been divided into tone groups. Identify one stressed word per tone group.



(NB Stress is decided by the speaker and it is impossible for someone reading the words alone to know for sure where the stress will be placed. For example in Item 10 above, we would naturally expect 'never' to be stressed, but it isn't.)

Exercise 6 Weak forms

The expression 'weak forms' refers to the grammatical or function words between the stressed lexical, or content, words in an utterance which tend to be unstressed and assume a weak form. This makes it difficult for students to recognise them in a stream of speech.

Fill in the missing words in the following extracts from the recording.

Track 42

| 1. | Tropical gardens | things | |
|----|---------------------|---------------|---------------------------|
| 2. | And they | dragging | anchors, which means |
| | they're not staying | in one place. | |
| 3. | So | ricocheting a | round bay. |
| 4. | And er, we had | fend off | one boat which was French |

| 5. | er, anchor winch, which is in the | ne front the boat |
|-----|-----------------------------------|---------------------------------------|
| 6. | So it just my finger | suffered. |
| 7. | And then we managed | survive that. |
| 8. | It wasn't connected | the wheel anymore. |
| 9. | And just hung onto that | a bit until we worked out what to do. |
| 10. | Isn't enough | put you off sailing? |
| 11. | They weren't prepared | this. |
| 12. | Well, it does happen, but then | get knocked over by a |
| | Dynarod van. | |

Exercise 7 Phonology - Identifying pauses in the stream of speech

Spontaneous speech is full of slight pauses, and changes of rhythm, even in the middle of noun groups and clauses. Listen for changes in rhythm in the excerpts below and mark where you hear the pauses. You will hear each excerpt at the original speed, and then slowed down.

Track 43 all these boats joined together in like a daisy chain.

Track 44 we had to fend off from one boat, which was French

Track 45 But it came up rough in the night, again...

Track 46 and they er, had a boat near Poole

Exercise 8 Elision - missing sounds in the stream of speech

Look at the five excerpts below, and read them slowly to yourself (or out loud to a fellow student), taking great care over every vowel and consonant. Then listen to each excerpt in turn, and make notes of what sounds are missing or different in the recording. You will hear each excerpt at both the original speed, and then slowed down.

- Track 47 It was far too windy to have sails up.
- Track 48 And just hung onto that for a bit until we worked out what to do.

Stage 7: Further language development

Exercise 1: Gap-fill

Fill in the blanks in these new sentences with words which you heard during the recording. The words are listed in the box to help you.

| bay | brakes | couple | current | experience | ferry | hole |
|--------|--------|--------|---------|-------------|-------|------|
| island | steer | tiny | sails | spectacular | waves | wind |

| 1. | The hotel we stayed at was on an You could only get there by |
|----|--|
| 2. | It was a horrible driving there because the ice made it difficult to and there's a problem with the as well. |
| 3. | We couldn't go swimming because the were too high and the was very strong. |
| 4. | Oh, no! I've got a in my sock! |
| 5. | We know a nice who've got a cottage in the New Forest. It's only, but it's in a really pretty area. |
| 6. | The view of the castle from our hotel window was |
| 7. | It's usually safe to go sailing in the, but yesterday the was too strong. It would have torn our to pieces. |

Exercise 2: Transformations

Change the word in each bracket that appeared in the recording to form a word that fits the gap.

| 1. | I'm going to bed. | I'm (awful) _ | tired and I need to get a | a good |
|----|-------------------|---------------|---------------------------|--------|
| | night's (asleep) | | | |

| 2. Who does all the (gardens) you or your husband? | | | | |
|--|--|--|--|--|
| 3. I was (hope) at cricket when I was at school because I could never | | | | |
| (caught) the ball. | | | | |
| 4. How are you (felt)? Are you still (suffered)? Come on | | | | |
| now, tell me the (true)! | | | | |
| 5. I'm sorry, I (accident) broke your chair when I (dragging) | | | | |
| it onto the terrace. | | | | |
| 6. My little brother is so (scary) by the dark that he sleeps with the light | | | | |
| on. | | | | |
| 7 If your thumb's still (blood) then try putting it under the cold tap. | | | | |

1.10 A sailing trip that went horribly wrong: transcript

Track 2 3 minutes, 26 seconds

S: Sheila J: Jane

- S: Have you ever had a near-death experience when you've been sailing, where...
- J: Yes.
- S: Really?
- J: Well, not probably really, but it felt like it. Yes. But it wasn't anywhere spectacular. It was in the Isles of Scilly. And um... Yeah, we were tied, well, we were... We dropped the anchor...
- S: Mmm, hmm.
- J: ...in a place called the Tresco... No, the Grimsby Roads, it's called. It's in, off the island of Tresco, which is very pretty.
- S: Mmm, hmm.
- J: Tropical gardens and things 'cos it's on the Gulf Stream. But it came up rough in the night, again, and lots of other boats were there and they were dragging their anchors, which means that they're not staying in one place, and they're actually pulling the anchors across the... across the seabed.
- S: Is that 'cos the current is so strong?
- J: Yes.
- S: Right.
- J: Um, and if they come across your anchor with their anchor, they can hoick it out.
- S: Right.
- J: Which they did.
- S: Oh. God!
- J: So we were ricocheting around the bay all these boats joined together in like a daisy chain.
- S: Ah.
- J: And er, we had to fend off from one boat which was French, and I managed to rip... I nearly lost my finger because it got caught underneath the anchor er, anchor winch, which is in the front of the boat.
- S: Mmm, hmm. Sorry, you said 'fend off' I've no idea. Trying to push....
- J: Push, push it away. Yes, yes.
- S: OK, to avoid a collision.
- J: Exactly.
- S: OK.
- J: To avoid making a hole in the other boat or ours, in fact. So it was just my finger that suffered. And then we managed to survive that. And I was gushing blood but coping, tied up with my, my little handkerchief.
- S: Mmm. hmm.
- J: And um, we realised that we had no... We couldn't steer. The rudder wasn't working properly. So when we turned the wheel it didn't make any difference. We were just going wherever the wind was happening to blow us.
- S: Did you have your sails up?
- J: No. It was pitch black. There were no sails. It was far too windy to have sails up. And what had happened was the dinghy, which was at the boat of the boat, had somehow managed to knock the rudder so that it wasn't working properly it wasn't connected to the wheel anymore.
- S: Riaht.
- J: So all we could do was just keep going where the boat wanted to go and just hope. And eventually we caught a ferry literally caught hold of a ferry that was tied up in the middle of the...

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- S: We were talking to a couple on holiday and they er, had a boat near Poole, I think?
- J: Uh, huh.
- S: And they set off one afternoon they were just going to have a sail round the bay.
- J: Yeah.
- S: And the wind came up and the waves came up. And in the end they had to go all the way down to Devon.
- J: (laughs)
- S: But the guy was saying there were hundred-foot waves.
- J: I can believe that.
- S: Hundred-foot waves! They really thought they were going to die.
- J: Yes.
- S: Just off the coast of England.
- J: It's, it does happen! (laughs)
- S: But because they were only going round the bay then they didn't have...
- J: They weren't prepared.
- S: ...the weather gear. They weren't prepared for this. Um... Just awful.
- J: Yeah.
- S: And then the rest of the holiday they just kept talking to us about people they knew who'd died in sailing accidents.
- J: (laughs)
- S: Really not pleasant.
- J: Yes, well, it does happen, but then you can get knocked over by a Dynarod van. (laughs)
- S: Yes, that's true. (laughs)